

LOCAL PRESS WHOLEFOODS

Weekdays 7.30 to 3

Weekends 8 to 3

Build your own House Toast w cultured butter -1 slice \$5
2 slices \$8. Choose from: ancient grain / Deeks gluten free

Add

House preserve -local honey, jam, peanut butter or vegemite 1

Avocado 5

Free range egg 3.5

Bacon 6

Orange + raising fruit toast - W Jam or honey + butter- \$10

Burnt Banana Porridge + lime, mango compote & trail mix \$15

Bacon + Egg Roll + English cheddar, rocket, smoked aioli, rhubarb
ketchup \$14 (GF Option add \$2)

Breaky Burrito + Spicy chorizo, egg, avo, pickled onion, tomato, rocket,
chilli almond sauce \$15 (GF option in a bowl)

Big Vegan Breaky Burrito + Sweet potato, red rice + black bean salsa, avo,
rocket, pickled onion, chilli almond sauce \$15 (GF option in a bowl)

Lamb Shawarma Lamb shoulder, sumac zucchini, pickled onion, tomato,
parsley, mint, garlic toum yoghurt \$14

LP Rueben Corned Beef, red kraut, sweet pickles, Swiss cheese, Russian
dressing \$14 (GF Option add \$2)

Vegan Mushroom Philly Cheese Roast herbed mushrooms, sautéed
capsicum & onion, white bean cheese sauce, rocket \$14

Pumpkin & Cashew Chipotle Melt Za'atar, Avo, Cashew Chipotle,
Caramelised Onion, Baby Spinach \$14 (Vegan)